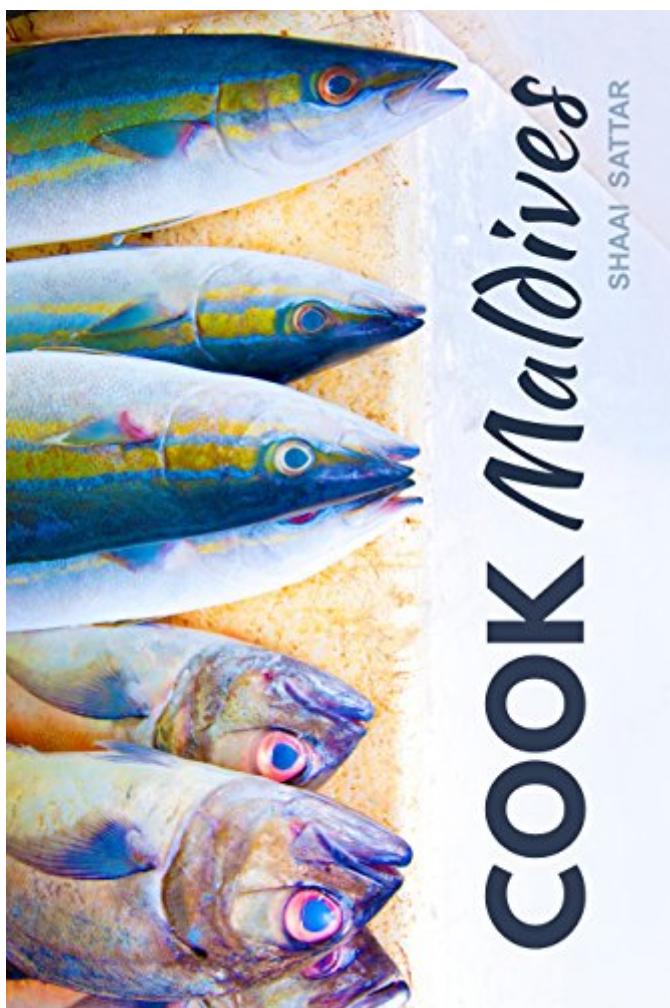


The book was found

Cook Maldives: Selections From The Local Table Spread



Synopsis

With stunning photography and over 100 step-by-step photos, Cook Maldives brings to you an assortment of popular and traditional dishes of the tropical island nation of the Maldives. This book will give you a glimpse into the food and everyday life of the people of the Maldives, as you taste and re-create family recipes that have been passed down across generations. Learn about the history of Maldivian food and the ingredients that give it its unique flavour. Learn to cook main meals, bread, desserts, and popular "hedhikaa" snacks that are accompanied with our "afternoon tea." This book is for food lovers, travel enthusiasts, and anyone wanting to expand their knowledge of South Asian cuisines.

Book Information

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Customer Reviews

It's a wonderful cook book full of great recipes. The colorful, simple and delicious looking pictures makes it easier to decide which dishes to try first. Usually with cook books, it never turns out the way it's suppose to look like when you finally try it, but not with this book. It's pretty detailed. The author has made sure there is little chance that you might go wrong. This is the kind of book that I will always be confident to refer to when I try something new for the first time. In my opinion, this is the BEST Maldivian recipe book out there. Can't wait to get it in print!

Lots of great recipes with clear instructions. I'm a novice cook at best but found this book easy to follow. The food is delicious and nutritious -- great value!

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